

What Makes Soil Healthy?



Soil is the Earth's recycling system, turning waste into nutrients and vitamins that in turn make their way into our food as well. Healthy soil will grow tasty food that keeps us healthy too.

So keeping our soil healthy is important!
Let's look at the ingredients we need:

Minibeasts eat scraps and compost, making decomposition happen faster and adding their poop to the mix.



Water keeps our soils moist, providing a nice home for minibeasts and plants, as well as speeding up how fast compost breaks down. Healthy soil should drain water but not too quickly.

Compost and manures supply our gardens with loads of nutrients and minerals, giving back what our plants take as they grow.



Leaf litter, grass and plant cuttings add nutrients and act as natural mulch, preserving moisture and keeping plants warm on cold days.

